

HAMMAM & SPA

Pietra Calda



HAMMAM & SPA

Pietra Calda



Therapies

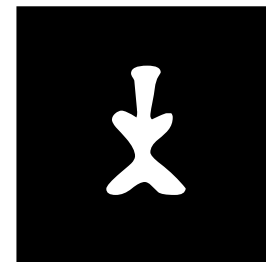
Turkish Hammam

Body Massage

Signature Body Rituals

Facial Treatments

Sauna Service



Turkish Hammam

Bagno
di Roma

An authentic Turkish Hammam experience.
A traditional cleansing treatment that includes
revitalising bath, exfoliation, foam massage, as well as
hair wash and head massage.

30 minutes detox,
30 minutes treatment

Total time, 60 minutes - 110e

Memento
Pierros

Our treatment begins with black soap for a deep
complete cleansing of your body, continues with full
body massage, an exfoliating, biological scrub, In
order to achieve extra deep skin care, we cover the
whole body with a mask made from 100% natural
honey, sesame seeds and natural lavender with a
finishing touch of hair wash and scalp massage.
The treatment ends with an extra nourishing and
hydrating body lotion.

30 minutes detox,
60 minutes treatment

Total time 90 minutes - 150e

Zante
Pietra Calda

The Whispering Stones Ritual
A signature ceremony inspired by the rugged beauty
of the Ionian land and the timeless soul of Zakynthos.
This ritual is a tribute to the island's heritage, where the
warmth of the earth meets the healing embrace of the
sea. Your journey begins with the nurturing touch of
Rhassoul clay and laurel oil upon your hair, while your
body is enveloped in a veil of carob scrub the island's
"black gold" to awaken the skin's natural radiance.
As you surrender to the heat of the marble, our
therapists perform a rhythmic dance of purification
using two natural sea sponges, hand-picked by local
fishermen. Under a cloud of olive oil foam, every
stroke lulls you into a state of profound serenity. The
ritual culminates with a gentle laurel water rinse that
restores vitality to your crown, followed by an extra
nourishing hydration. This offering of care concludes
with the sweet simplicity of Zakynthian honey,
yogurt, and walnuts a taste of island tradition that
fosters inner peace and leaves the spirit renewed.

30 minutes detox,
60 minutes treatment

Total time, 90 minutes - 160e

All our services
start with a 30-minutes detox
in the hammam area.



Body Massage

Sentiero

A Journey of Intuitive Touch

A bespoke therapeutic passage designed to mirror the ever-changing landscape of your well-being. Sentiero is not a fixed path, but a fluid experience where our master therapists blend the rhythmic grace of Relaxation with the intentional intensity of Deep Tissue techniques, tailored precisely to your body's dialogue.

The ritual begins with the grounding aroma of warm rosemary oil, an ancient elixir of clarity that flows over the skin to dissolve muscle fatigue and ignite the senses. As the tension of the world recedes, the journey ascends to a soothing head massage, designed to quiet the mind and invite a profound state of inner stillness. Sentiero is a return to your center - a personalized offering of care that leaves you perfectly balanced, standing between tranquility and newfound strength.

75 minutes - 120e

Relaxing Massage

Step into a haven of serenity. Surrender to the tranquil rhythm of the massage, as every touch lulls you into a state of deep relaxation. Experience a sense of rejuvenation and inner peace as the stress of the day melts away, leaving you feeling refreshed and renewed.

60 minutes - 95e

90 minutes - 115e

Deep Tissue Massage

Feel the therapeutic release as knots unravel and stress dissolves, allowing for a profound sense of relief and renewal. Surrender to the intensity of the massage, knowing that each firm stroke is restoring your body to a state of balance and vitality.

60 minutes - 95e

90 minutes - 115e

Bamboo Massage Therapy

A luxurious and unique form of massage therapy that utilises bamboo sticks to provide a deep tissue massage experience.

The bamboo tools allowing the therapist to effectively target muscle tension and promote relaxation.

50 minutes - 100e

Scalp & Facial Massage

Pressure points on the scalp are targeted to release tension and improve blood flow, promoting hair growth and overall scalp health.

Facial massage is a rejuvenating and relaxing treatment that focuses on the face, neck, and décolletage.

30 minutes - 65e

Reflexology

Foot massage treatment is a luxurious and rejuvenating experience that focuses on the feet and lower legs for deep relaxation and wellness benefits.

An arm massage is a therapeutic and relaxing treatment that focuses on the muscles and joints of the arms, shoulders, and hands.

30 minutes - 65e



Signature Body Rituals

Magnesium Deep Relief

A restorative body experience combining advanced beauty expertise with therapeutic mineral techniques. Acting as a natural “supercharger” for the body, this treatment helps restore mineral balance while easing muscular tension and joint fatigue. Specialized massage movements, combined with the revitalizing power of marine minerals and seawater, promote deep relaxation, physical recovery, and an overall sense of wellbeing.

90 minutes - 130e

Express Slimming

A targeted slimming treatment by Thalion using melting marine pearls infused with Algoslim®, a patented marine active ingredient that helps stimulate fat burning and reduce the appearance of cellulite. The body appears smoother, firmer, and more toned, with visible results from the very first treatment.

30 minutes - 60e



Facial Treatments

F_{acial} Hydration Mineral Treatment

An exceptional facial treatment by Thalion, combining advanced marine technology with luxurious textures. Featuring a double marine mask and a mineral-rich gel infused with all 112 trace elements naturally found in the ocean, this treatment delivers intense hydration while replenishing the skin with essential minerals. The complexion is left refreshed, revitalized, supple, and beautifully plump.

Recommended for
all skin types and all ages.
60 minutes - 110e

E_{yes} Hydration Treatment

Eyes hydration treatment is a luxurious experience that rejuvenates tired eyes. This treatment helps reduce puffiness, dark circles, and fine lines, leaving your eyes looking refreshed and vibrant. It's the perfect way to pamper yourself and take care of your eye health.

Suitable for all
skin types and all ages.
40 minutes - 70e

S_{ensitive} Skin Treatment

Sensitive skin treatment is specifically formulated to nurture and soothe delicate skin. This treatment is designed to calm sensitivity, strengthen the skin's natural defences, and restore balance for a healthier, radiant complexion.

Indulge in this pampering experience tailored to nurture and soothe sensitive skin.

50 minutes - 85e

Recommended for skin that has been overexposed to the sun,
as well as for delicate and reactive skin of all ages.

M_{en's} Facial Treatment

Men's facial treatment is a rejuvenating experience tailored specifically for men's unique skincare needs. This treatment is designed to address concerns common to men's skin, such as oiliness, rough texture, and sensitivity. Treat yourself to this invigorating experience for a healthier, more radiant complexion.

Recommended for
all skin types and all ages.
60 minutes - 100e



Sauna Service

Meet
the benefits of the Sauna

Relaxes and soothes your muscles, reduces your anxiety and stress, promotes weight loss and increases metabolism , which helps you burn more calories throughout the day.

20 minutes/person - 20e

Complimentary

-The use of the sauna is provided free of charge as long as it is combined with a body treatment.-

The recommended length
of time to spend in a sauna
is 15-20 minutes.

Hamмам
& Sauna Rules

Do not use the Hammam or Sauna if you have a heart condition, high blood pressure, respiratory disorders, asthma or undergoing medical treatment. It's better to avoid Hammam or Sauna during your pregnancy because high body temperatures can increase the risk of complications or birth defects. If you feel unwell, please leave the area immediately and seek assistance from our therapists. Children under the age of 16 are not allowed to use the facilities. No video recording or taking photos is allowed.

Pre-Hammam
& Sauna
Preparation

Please remove your watch, jewellery and glasses before use.
The use of swimsuit is compulsory.
It's also compulsory to shower before entering the thermal baths.
Cell phones are prohibited inside the hammam.



All our services are upon request.

Please make your appointment
in advance in our reception desk.

Tel. 0030-2695052755

